

MARCH 2020

Menu

OHKAY OWINGEH

Senior Citizens' Program . . . 852-4516

Monday	Tuesday	Wednesday	Thursday	Friday	Phone Numbers
2 **AM Spagetti w/Meat Sauce, Garlic Bread, Steamed Cauliflower, Tropical Fruit,Milk	3 **CJ Chicharrone Burrito w/Refried Beans Green Chili Broccoli/ Pears, Milk	4~ **CJ Corned Beef & Cabage, Peas w/Carrots,WW Roll Green Delight, Milk	5~ **CJ Lima Beans w/Hamhocks Green Chile Stew Tortillas/Plums Milk	6~ **CJ Boiled Eggs Oatmeal, WWToast, Bananas,Juice,Milk	Tribal Council 852-4400 Police 852-2757 Tribal Courts 852-4475 Realty 852-4211 Wellness Ctr 747-7795 Espanola PD 753-5555 Domestic Violence 747-9023
9~ **AM Grilled Chicken Sandwich Onion Rings Grilled Veggies Fruit Salad,Milk	10~ **141 Hot Turkey Sandwich w/Gravy Yams, Green Beans, Pineapple Milk	11~ **AM Meatloaf Scalloped Potatoes WW Roll Salad Melon, Milk	12~ #128 Chili Beans w/Ground Beef Boiled Potato w/Sour Cream Corn Bread Pineapple/Milk	13~ **156 Baked Fish w?Rice Honey Glazed Carrots WW Roll Peach Cobbler Milk	CHR 852-2354 PHS-Santa Fe 988-9821 Espanola Hosp. 753-7111 SC Clinic 753-9421 Parish Church 852-2270 Convent 852-4179 Co-Op 852-2372
16~ **119 Beef Fajitas w/Veggies Spanish Rice,Salsa, Oranges,Milk	17~ **CJ Yellow Pea Soup Chili Caribe Cheese Biscuits Spinach,,Mix Fruit Milk	18~ ** 107 Posole W/Red Chili Sauce/Toss Salad Fry Bread Jello w/Fruit Milk	19~ **CJ Baked Chicken Mashed Potato Gravy Brussel Sprouts Biscuit/Milk Applesauce	20~ **CJ Corned Beef Hash on Bun, Salad,Steak Fries Jalapenos, Cheesecake,Milk	Casino 747-1668 Tsay Corp. 747-0700 Community Sch. 852 2154 Head Start 852-2358 SJ Elementary 852-4225 Dept. of Ed. 852-3477 Post Office 747-2404
23~ **199 Egg Salad on Bun Tomato,Onion Salad/Chips Peaches,Milk	24~ **CJ Cheese Burger w/Trimmings Macaroni Salad Pork & Beans Melon/Milk	25~ **CJ Filet .O.Fish on Bun Fries,Pasta Salad,Carrot Cake,Milk	26~ **CJ Chicken Spread On Bun/Celery Sticks Yellow Hots Fruit Cocktail Milk	27~ **169 Hamburger Stroganoff w/Noodles Parsley CarrotsWW Rolls.Milk,Apples	Tribal Gym 747-3483 8 Northern 747-1593 Housing 852-0189 Family Pres 852-9130 Environmental 852-4212 Gaming 753-8101 Comm. Library 852-2814 Center Market 753-3171
30~ **98 Creamed Ham on Toast,Steamed Broccoli,Muffin, Milk	31~ **AM Chicken Quesadilla Cottage Cheese Salad/Salsa Butterscotch Pudding/Milk				Super Sav 753-8869 Travel Center 753-5452 RV Center 753-5067 Wal-Mart 747-0414 *Menu Subject to Change*

3/14 – No Chicos with Beans. Chicos not available at Store.

3/24 – Meal Changed to Sandwiches (sack lunch) delivered on 23rd as a result of community responsibilities for men and women.