

Message from Ohkay Owingeh regarding COVID-19

Latest news

March 17: NMDOH has 23 more cases reported in New Mexico

A breakdown of positive cases by county:

- Bernalillo County: 14
- Sandoval County: 2
- Santa Fe County: 4
- Socorro County: 2
- Taos County: 1
- At this time, there are 0 confirmed cases in Ohkay Owingeh and in our County of Rio Arriba.

March 12: 2 more cases reported in New Mexico

- The New Mexico Department of Health has confirmed two more cases of COVID-19 in New Mexico.
- Of these five cases, one is in Santa Fe County and two are in Bernalillo County.
- At this time, there are 0 confirmed cases in Ohkay Owingeh and in our County of Rio Arriba.

March 11: First 3 cases reported in New Mexico

- The New Mexico Department of Health has confirmed three cases of COVID-19, the novel coronavirus, in New Mexico.
- At this time, there are 0 confirmed cases in Ohkay Owingeh and in our County of Rio Arriba.

Where to get questions answered about COVID-19

The Health & Human Services Division has designated Public Health Nurse Josie Shije to answer questions: (505) 852-2354. After regular business hours, you may contact Josie Shije (505) 423-4373 or Sharon Genera at (505) 927-9825.

What to do if you are around someone with symptoms or have symptoms yourself

The Centers for Disease Control and Prevention (CDC) recommends that anyone who has had close contact with someone confirmed to have, or is being evaluated for, COVID-19, should:

- Monitor health starting from the day of contact and continue monitoring for 14 days after.
- Watch for the following signs and symptoms: Fever, coughing, shortness of breath or difficulty breathing; chills, body aches, sore throat, and runny nose.

If you develop fever or any of the above symptoms, please call Ohkay Owingeh Public Health Nurse Josie Shije at 505-423-4373 and she can assist you with coordination with your healthcare provider.

How to prevent transmission

The best way to prevent infection is to avoid being exposed to the virus. The CDC recommends everyday preventive actions to help prevent spread of illness, including:

Avoid touching your eyes, nose and mouth with unwashed hands

- Stay 3 to 6 feet away from sick people as the virus is often spread by the spray of droplets
- Stay home when you have any flu-like symptoms (see list above)
- Cover coughs and sneezes with tissues and throw tissues in the trash
- Wash hands often with soap and water for at least 20 seconds (if soap and water are not available, use a hand sanitizer with at least 60% alcohol)
- Avoid handshaking or person to person contact if possible
- Please use hand sanitizer as frequent as possible

What the Ohkay Owingeh Tribal Government is doing

- All out of state travel have been canceled until further notice. In state travel is at the discretion of the Ohkay Owingeh Divisional Directors.
- Employees are encouraged to stay home if they are sick or experiencing flu like symptoms.
- We have vamped up sanitation efforts in the administration building as a precautionary health measure.
- It is recommending that any business within the tribal government office should be limited to essential business.
- All community events and gatherings have been postponed to further notice.

Resources General information

- [CDC: Coronavirus Updates](#)
- [CDC: Coronavirus Disease 2019 Information for Travel](#)
- [CDC: Risk Assessment](#)
- [New Mexico Department of Health: Coronavirus](#)

Maps and dashboards

- [Real Time Map of Global Coronavirus Cases by Johns Hopkins](#)
- [World Health Organization Map](#)

Ohkay Owingeh Coronavirus Advisory Team activated

Ohkay Owingeh Tribal Administration, Ohkay Owingeh Health & Human Division and Ohkay Owingeh Coronavirus Response Team has been established to provide leadership with comprehensive recommendations.

The Ohkay Owingeh Health & Human Services Division has a Coronavirus plan that provides a framework for how to respond to situations such as coronavirus.