

Tribal Colorectal Health Project in Ohkay Owingeh



Did you know that all American Indian men and women age 45-75 should have routine colorectal health screenings?

Colorectal cancer has now become the 2nd most common type of cancer among American Indian men and women in New Mexico. By getting regular screening, colorectal cancer can be completely prevented or found early when treatment works best.

Ohkay Owingeh is currently participating in a project with the Albuquerque Area Southwest Tribal Epidemiology Center and the University of New Mexico Comprehensive Cancer Center to encourage all community members age 45-75 to be screened.

In the weeks ahead, eligible tribal members age 45-75 living on the Pueblo will receive another colorectal health screening kit in the mail. It is completely voluntary to participate, but we hope you will consider this important step to good health and wellness. Help protect yourself, your family and our community from colorectal cancer by getting your regular screenings done!

If you have any questions about this new project in our community, please contact the CHR Program Manager at 505-927-3638

